

# *BTEC FIRST CERTIFICATE IN SPORT*

The BTEC Nationals in Sport have been developed to meet the employment opportunities within the Sport and Leisure industry. They provide the underpinning knowledge, understanding and skills for success in current and future employment, or for progression to higher level courses, such as BTEC Higher Nationals or Degrees.

This is a twelve unit course over 2 years. It is broadly equivalent to two 'A' Levels.

BTEC will include:

- Body in Action
- Health and Safety in Sport
- Training and Fitness in Sport
- Sports Coaching
- Practical Team Sports
- Sports Development
- Practical Individual Sports
- Instructing Physical Activity and Exercise
- Psychology for Sports Performance
- Rules, Regulations and Officiating in Sport
- Leadership in Sport
- Fitness Testing for Sport and Exercise

The B/TEC National Certificate is a more practical course than the traditional 'A' Level PE course. There is no formal examination at the end of the course as it is continually assessed on coursework only.